

How to Make an Herbal Tea

It is recommended that dried herbs are made into an herbal tea prior to feeding. This is because the properties of some dried herbs are more effective when prepared in this way. The hot water helps release some of the active constituents. To make a herbal tea:-

- Place the recommended dosage of dried herb into a heat proof container such as a bodum or jug
- Pour approximately one litre of boiling water over herbs
- Cover and allow to brew.
- Set aside to cool.
- Feed both fluid and plant material divided between two feeds
- Mix liquid and plant material into feed

Tea can be made in quantities to last a maximum of two days. However it is not recommended to be made into larger quantities as the properties of the herbs will be substantially less effective and may go "off".

Disclaimer: It is strongly recommend that you follow your Veterinarian's advice, and do not cease any medications prescribed by your Veterinary practitioner. Herbal Medicine is an effective adjunct therapy and should not to be confused with Pharmaceutical drugs prescribed by your Vet. We recommend you seek the advice of a Qualified Herbalist prior to use. Though it is recommend to use this service and the preparations offered, client are deemed to have used them at their own discretion. It is also understood by the Owner/s, Trainers, Breeders or others who are the carers of the animals treated, that we are not medical doctors, veterinary practitioners, herbalists or doctors of any form of medicine, and do not represent ourselves as such.